



Improvised theatre

Target group	All employee groups Target groups should already be familiar with playful methods.
Objective	<ul style="list-style-type: none">• To raise awareness for gender-specific behaviour and role stereotypes• To facilitate new views by changing perspectives• To engage in playful learning; to experience learning through emotions and roles (players)
Method	Improvised theatre, working with changes of perspective
Task	<p>Groups are divided according to the scene to be enacted; roles and tasks are explained and clarified.</p> <p>Example:</p> <ul style="list-style-type: none">• Scene to be enacted: a Polish family's typical evening• Roles: mother, father, son and daughter <p>Participants determine within the group who will play which role. They have 20 minutes to prepare and rehearse the scene.</p> <p>Each group gives the plenary a rendition of the rehearsed scene – the audience watches and takes notes.</p>
Time	90 – 180 minutes depending on the number of groups and the intensity of the game
Evaluation	<p>First evaluation round:</p> <ul style="list-style-type: none">• Audience: What have we noticed? What affect did this have on us? What was striking?• Players: How was it? How did we feel in our roles? What was striking?• <u>What types of gender stereotypes were presented, noticed or experienced?</u> <p>After the first evaluation round, there will be an opportunity to change the perspectives: parents now take the part of the children, or women now take the part of men and men the part of women.</p> <p>Second evaluation – elaborate and visualise findings</p>



Note	This exercise was made available by Sonja Schiff and Birgit Meinhard-Schiebel
Materials	Chairs, flip chart, pens
Additional tool(s)	Recommendations for further reading (german only) "Anwärmspiele" (Warm-up games) by Klaus W. Vopel, Experiments for learning and working groups, ISKOPRESS <i>Handbuch für Gruppenleiter, Zur Theorie und Praxis der Interaktionsspiele</i> (Manual for group leaders. On the theory and practice of interactive games) by Klaus W. Vopel., ISKOPRESS <i>Interaktionsspiele</i> (Interactive games) by Klaus W. Vopel (6 volumes), ISKOPRESS Address: ISKOPRESS, Sievekingsallee 86, 2000 Hamburg 26 Tel: +49 - 40 - 21 81 21
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