



Fantasy trip: when I was 10 years old ...

Target group(s):	People working in the educational sector Use in training gender counsellors
Objective:	To raise awareness for gender role dispositions in the participant's own biography To explain what "doing gender" might mean in different contexts of contemporary history
Method:	1. Individual casework 2. Work in groups
Task:	1. Individual casework (5-10 min.) Take 5 minutes and imagine that you were ten years old again. Think about how you would answer the following questions: <ul style="list-style-type: none">• What images did I have when I was a ten-year-old boy / girl about the other sex?• What were boys allowed to do, what were girls allowed to do?• What were boys not allowed to do, what were girls not allowed to do?
	3. Working groups (40 min.): Exchange your ideas and answers on the above questions. The oldest person in each working group should start; the others follow according to their age. Then discuss the following questions: <ul style="list-style-type: none">• Are there differences between the countries in the experiences that you had as ten-year-old children?• Do the experiences of the working groups differ in the age groups? Write down the most important points on a bill board.
Evaluation:	(45 min.) <ul style="list-style-type: none">• Present findings of the working groups• Complete a comparison between the countries
Time:	1 h 35 min.
Materials:	Bill board paper / flip chart paper, pens



Issues for evaluation	
Gender roles Doing gender	<ul style="list-style-type: none">• are very much marked by their biography (comparison between countries)• Differences between urban and rural areas are greater than differences between countries• Role of the family system and (the order of) brothers and sisters were elaborated• Role of the education system (comparison between countries, urban and rural areas)• Social environment, social stratum• Role of the political situation: war• Role of religion
Evaluation message	<ul style="list-style-type: none">• If something changes (over time and in the comparison between the countries), it cannot only be predetermined biologically; consequently, gender roles and gender images can be changed.• Gender roles are created interactively – they are created in a very gender-specific way despite different political systems (such as those in the East and West during the “Cold War”).